

GREEN GUIDE

AMSTERDAM



SECOND EDITION

2019



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ABOUT THE GREEN GUIDE

This list aims to present a range of green locations in Amsterdam. Based on what you're after you can find your favorite in food, drinks, coffee, shopping, groceries, recycling and apps, as well as hubs to meet like-minded people and become active yourself. With a focus on affordable prices for students, this list offers a general overview of many relevant places and is bound to grow as further suggestions are added. Email us to let us know what you would like to see in the Green Guide.

This is an interactive PDF. Click on the name of a place for more information.



INSTOCK

Rescue 1.74 kg of CO₂ and 2,470 l of water, while enjoying one four course dinner!

CONTACT

Communications UvA Green Office

CONNECT

www.uvagreenoffice.nl

WHAT MAKES A PLACE GREEN?



Organic products available

Focus on organic products.



Vegan offers

Focus on vegan options.



Vegetarian offers

Focus on vegetarian options.



Fairtrade options

Focus on fairly traded goods.



Local sources

Focus on locally sourced goods.



Sustainability programs

Focus on products or workshops that promote sustainability.



Recycling programs

Focus on products or workshops that promote recycling.



Renewable energy source

Focus on using renewable energy.

If a venue is missing one of the symbols, it may merely be the case that it is not known whether the attribute is applicable. Symbols are allocated according to our best judgment on information available online and through direct contact. If you feel that your business is misrepresented in this guide, please contact us.



FOOD

CAFÉ DE CEUVEL

Noord, Korte Papaverweg 4.



The winner of this list. This place has it all and earns the sustainability badge like no other. De Ceuvel is a pioneering example of a circular and sustainable urban initiative; it runs on the latest sustainable technologies and strives for a completely self-sufficient and closed loop system. Workshops, guided tours, readings, and lectures within the field of sustainability are regularly organized. The café is located on a former shipyard and serves as a great hangout on summer days.

FRUITTUIN VAN WEST

Eendracht, Tom Schreursweg 48.

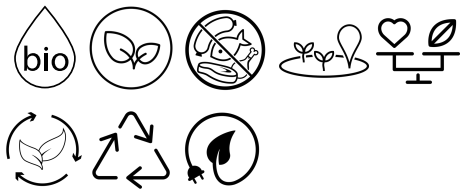


Just a short bike ride outside of Amsterdam and it feels like a different place! Fruittuin van West is located in the midst of nature with lots of chickens running around freely. The organic orchard has its own café, serves as a hosting location for meetings and other gatherings, and offers workshops related to gardening, crafting, cooking and more. During summer, you can pick your own fruit and pay per kilogram. The convenience store offers a wide range of organic and fairtrade supplies.

THE DUTCH WEED BURGER JOINT

LABELED WITH TRUST

De Pijp, Albert Cuypstraat 194.



'Labeled with trust' is a community of people coming together to ignite trust. In each other. They believe a sustainable mindset based in trust will be an adequate tool to ensure a green, sustainable and healthy future. The 'hub' to meet, eat, sit, work, drink, host, engage, inspire and be inspired is located in Albert Cuypstraat 194. They operate a quaint little cafe serving vegan (check out their vegan club sandwich!) and vegetarian breakfast and lunch.

THE DUTCH WEED BURGER JOINT

West, Nicolaas Beetsstraat 47.



Weed in a burger? Yup, you've read correctly. The Dutch Weed Burger Joint serves delicious plant-based food enriched with healthy seaweed that is cultivated in the Netherlands. Their interior is designed with upcycled materials and their headquarter and warehouse have solar panels on their rooftops.

ALCHEMIST GARDEN

West, Overtoom 409.



Fresh, raw, vegan, whole, home made, wild, fair-trade, sustainable goodies in Amsterdam West.





BETER & LEUK

near Wibautstraat, Eerste Oosterparkstraat 91.



Enjoy the friendly and cosy atmosphere in this place that offers homemade healthy organic breakfast and lunch, all vegan options. There is also an evening take-away shop next door for hot meals. Also: vintage clothing, gifts from local makers and homemade vegan cakes!

MASLOW CAFÉ

Science Park, Carolina MacGillavrylaan 3198.



Many students' second living room: Maslow Café serves organic beers, fairtrade coffee and tasty snacks and main dishes at student-friendly prices. Also, they actively encourage people to take their food leftovers home in order to have as little food waste as possible.

DELICIOUS DESHIMA

Centrum, Weteringschans 65.



A macrobiotic vegan restaurant with its own well-stocked natural organic food store downstairs. Their menu offers soups, grains, beans, vegetable dishes, tempura, salads, pastries, and snacks. Deshima also holds cooking classes and workshops.

SPiRiT AMSTERDAM

Oost, Czaar Peterstraat 2A.



An organic and vegetarian self-service buffet with a huge variety. Open for breakfast, lunch and dinner. Price range: 2.25 - 2.95 €/100 gram.

BAKING LAB

Oost, Linnaeusstraat 99.



Too often can you squeeze a loaf of bread to half its size, especially when it's from the supermarket. You won't succeed at Baking Lab because they are selling a huge variety of high-quality bread. They even teach you how to make it in their regular workshops! This experimental bakery, baker's shop and café focusses on sustainability - maybe you want to try their veggie bacon made from croissants from the day before? Come over for lunch or pick up a loaf Wednesday - Saturday.

BUURTBOERDERIJ 'ONS GENOEGEN

Sloterdijk, Spaarndammerdijk 319.



This community farm is a restaurant partly run by volunteers just a short bike ride from Westerpark. It offers quite affordable drinks and meals. Try their daily two-course dinner for 9,50€. Pilates, mindfulness and yoga classes are offered at the farmhouse attic every week.





INSTOCK

Oost, Czaar Peterstraat 21.



Instock fights food waste in the most delicious way. They pick up unsold products at local supermarkets and collect food surplus from suppliers. Their chefs make delicious and creative dishes from these products. In this way, unsold products are turned into quality dining.

MEATLESS DISTRICT

West, Bilderdijkstraat 65-67.



Meatless District is a 100 % vegan restaurant with a seasonally changing menu. Dishes are always made freshly and, where possible, organic ingredients are used.

NOORDERLICHT

Noord, NDSM-Plein 102.



This venue is built on an old shipyard in Amsterdam Noord and has a great atmosphere. Check their agenda for live music, parties and festivals! On their menu, you will find local and organic options, as well as many vegan and vegetarian main courses and desserts.

MEN IMPOSSIBLE

West, Hazenstraat 19.



This place is perfect for vegan ramen fans! Men Impossible is an all vegan ramen restaurant. They've got a set menu which you can adjust to your own preferences.

DE LAATSTE KRUIJEL

Centrum, Langebrugsteeg 4.



Baked goods like bread, scones, quiches and cakes are all organic and sourced from local ingredients. This rather small and cosy shop offers a 10 % discount for students.

SOIL OF AMSTERDAM

West, Bilderdijkstraat 141.



Healthy, sustainable, seasonal, locally sourced and plant-centric food with a lot of flavor! Also, SOIL of Amsterdam collaborates with farmedtoday.com creating a weekly bowl with fresh and delicious (but ugly) veggies rejected by the big companies.

D&A HUMMUS BISTRO

Jordaan, Westerstraat 136.



d&a hummus bistro serves great hummus or shakshuka with fresh, warm pita and falafel until late. They also serve cocktails, boutique beers and natural wines. There are two locations: one in Jordaan and one in Oost, both of which work with the app TooGoodToGo to prevent food leftovers from going to waste.

H/EARTH

De Pijp, Albert Cuypstraat 208H.



H/earth is a nature inspired creative space dedicated to tickling all your senses through music, art, clothing and plant-based food.





DRINKS

BROUWERIJ TROOST

De Pijp, Cornelis Troostplein 21.



Running on green energy, this brewery offers a variety of locally brewed beers and even recycles the steam from their cooling water. They have vegetarian and vegan options on the food menu. There are two more venues in Oost and in Westerpark.

BLOEM ETEN & DRINKEN

Plantage, Entrepotdok 36.



Bloem Eten & Drinken is a 100 % organic café with vegan and vegetarian options near Roeterseiland. Bottled beers are available, too.

BROUWERIJ 'T IJ

Oost, Funenkade 7.



Organic beers come at a trade-off as hops often has to be imported from New Zealand. Conscious of their impact, this brewery, located next to a historic windmill, has switched to ingredients from closer sources for some of their beers. Their Natte, Zatte, Columbus and Struis are organic.

OEDIPUS BREWERY

Noord, Gedempt Hamerkanaal 85.



A significant energy intake is sourced from this breweries' own solar panels, some of which were financed through a sustainable beer program, where customers invested in the brewery's solar panels by buying their Pais Tropical beer. The tap room offers a cosy warehouse atmosphere and colorfully bottled beers.

BROUWERIJ DE PRAEL

Centrum, Oudezijds Armsteeg 26.



Have a taste of Hemelswater, a blond beer brewed with rainwater, at this local and spacious brewery. Don't be disappointed if this beer is out of stock, you must have been enjoying the good weather for a while. No rain = no beer.





COFFEE

BACK TO BLACK

Grachtengordel, Weteringstraat 48.



A cute little café, with its own roastery, selling fairly traded coffee and homemade cakes. If you're lucky you might meet Binkie, a cat that will steal your heart.

BOCCA COFFEE

Grachtengordel, Kerkstraat 96HS.



This spacious, cool cafe lets you pick your favorite locally roasted bean and doesn't make a secret of where it has been sourced. Milk alternatives like soy and oat milk are available. Additionally, Bocca Coffee participates in several socially and environmentally sustainable programs that affect the workers in the countries where coffee is grown.



LENA LIBRARY

Jordaan, Westerstraat 174H.



A 'library' for women's clothes. Pass by the brick and mortar store in 'De Jordaan' or browse online to see what's available. Instead of buying your favorite piece you either pay for a one-time loan or use points from your subscription which starts at 25€ per month. With a subscription you can borrow the items as long as you like. Pick up and return in the store or at one of their swap points in Amsterdam, Utrecht, Arnhem and Den Haag.

EPISODE

Centrum.



With four shops across Amsterdam and half a dozen more across Europe, this chain is another option for you to get your hands on good quality second hand clothing.



KILO SHOP

Centrum, Waterlooplein 189.



Buy your clothes second hand and pay per kilo!
Several locations. Prices range: 20-60€/kg.

WE ARE VINTAGE STORE

Oud-West, Kinkerstraat 193.



One shop in West and another one in Oost offer second hand clothes based on the kilo system with prices starting at 10€/kg. Only cash!

HET FAIRE OOSTEN

Oost, Waldenlaan 208.



With a focus on various long-lasting products from creative designers, you are likely to find a new addition to your home or a great gift for a friend here. A workshop room is available for a range of activities.

RELOVE EXCHANGE

Ferdinand Bolstraat 54.



ReLove Exchange is a great option to find fashionable second hand clothing in one of the most trendy areas in Amsterdam, De Pijp. You can also take the clothes you no longer wear there and get shopping credit or cash right away.

MARBLE'S VINTAGE

Centrum, Haarlemmerdijk 64.



Find handpicked vintage with love at three locations in Amsterdam!

SUNDAY MARKET @WESTERPARK

West, Gosschalklaan 7.



Find lots of small and local producers, second hand clothing and furniture, and vegetarian and vegan lunch options - every first Sunday of the month at Westerpark.

Remember there are also many other flea markets and farmers markets in Amsterdam where you can get products from local makers as well as locally grown fresh produce and much more.

IJ HALLEN.

Noord, T.T. Neveritaweg 15.



Europe's biggest flea market is right here in Amsterdam Noord near the NDSM-werf. Once a month this market offers unique products like home furnishings and clothing at very low prices. Recommended to anyone who loves flea markets and great bargains.





DIY SOAP

De Pijp, Van Woustraat 48.



Natural and organic, handmade in a social day care, zero waste, sustainable and durable packaging. DIY Soap launched its business with a new concept: natural and organic skin and hair-care products in which you can “do it yourself” (DIY): You can whip up your own skin care in their store in De Pijp or at home. DIY Soap focuses on organic ingredients and zero waste packaging. They also sell refill shampoo and conditioner, so be sure to bring your own empty bottles or jars!

LUSH

Centrum, Kalverstraat 121-123.



If you'd like to reduce your waste, the bathroom is a great place to start! One bar of shampoo equals three bottles of regular, plastic-packaged shampoo! If you don't want to go all organic just yet, LUSH offers a great variety of colorful and fun soaps, solid shower gels and shampoos. In case you chose something packaged, everything empty and clean can be returned and will be recycled.

DIY Soap Lotion Bar Fresh Rosemary For A Quick Pick-Me-Up

Moisturising lotion in a bar made with natural and organic ingredients. The lotion bar is solid at room temperature like a bar of soap, but when rubbed on the skin, a tiny amount melts and is transferred to the skin, leaving a highly moisturising and very thin layer.

Ingredients: Organic Shea Butter, Polyunsaturated Tallow and Coconut Oils, Organic Saffron, Organic Cocoa Butter, Sweet Almond, Sweet Almond Oil, Olive and Olive Squalene, Shea Butter, Essential and Rosemary Oils, Organic Rosemary Oil, Organic Orange, Organic Palmarosa Oil, Organic Lavender Oil, Organic Chamomile Oil.

Net weight: 100 g (3.5 oz) The Netherlands, De Pijp, Van Woustraat 48, 1073 AP Amsterdam

Moisturising Lotion Bar

Organic Shea Butter, Organic Cocoa Butter, Bees Wax, Organic Olive Oil, Lime Oil, Rosemary Oil & Palmarosa Oil.

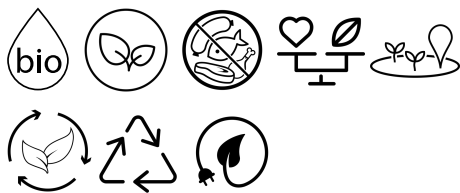
€ 4,30 60 g



GROCERIES

EKOPLAZA

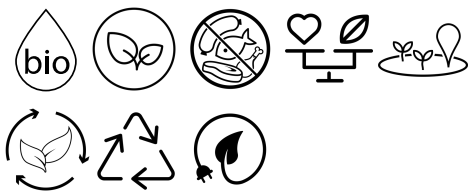
Several locations across Amsterdam.



Ekoplaza is a Dutch chain, that focuses on organic, locally sourced and fairly traded products. Ekoplaza now offers a range of products that look like they're conveniently packaged in plastic, but this 'plastic' is actually made from compostable biomaterials.

ODIN

Oost, Czaar Peterstraat 2B.



This cooperative supermarket is carried by its members. It is not required but you can buy a membership to get organic, locally sourced and fairly traded products with a discount. There are several locations in Amsterdam.



DELICIOUS FOOD

Jordaan, Westerstraat 24.



Delicious Food is a family-owned health food store with organic products of all kinds. They have a variety of snacks, cereals, dried fruit, nuts, and pastas in bulk. Bring your own bags or jars to avoid packaging! Vegetables from local farmers and freshly baked goods like bread, cakes and cookies are available, too.

EKODIS

Oost, Beukenplein 73.



An independent family-owned supermarket selling a big range of organic products including vegetables and eggs from local farmers. However, there is only this one store in Oost - lucky you if you live nearby!

FRESHBAG

Oost, Science Park 904.



Fresh Bag is an initiative founded by students who love good, healthy and organic food. Every Wednesday afternoon the bags containing locally produced and organic vegetables and fruit are sold at Science Park. All of the produce is locally grown, seasonal and organic. They'll even send you recipes via email so you know what to cook from all those veggies!

BBROOD

Several locations across Amsterdam.



Great artisanal sourdough bread with sustainable wheat and spelt. Bring your own bag and get a small discount on their products!

ORGANIC FOOD FOR YOU

Oud-Zuid, Cornelis Schuytstraat 26.



Organic food for you has all the staples an organic lover or bio food enthusiast would need: fresh bread, pasta and cereals, veggies, and of course wine!

BIOLICIOUS

Oost, Land van Cocagneplein 5.



biolicious is an organic food store with two locations in Amsterdam. You can find a variety of fresh produce, flavorful cheeses and other dairy products, freshly-baked bread, and wine. All organic, all delicious.

MARQT

Several locations across Amsterdam.



This quite hip supermarket chain offers a variety of organic, local, and fair trade products. Marqt collaborates with farmers, fishers and everyone that is part of the product chain. No cash though!

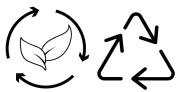




RECYCLING

WASTED

Noord.



WASTED is a simple way to turn your glass-, paper-, textiles- and plastic waste into discounts and rewards at local retailers, shops, restaurants and cafés. For every bag of waste that you separate, you receive a digital coin, which can be exchanged into discounts and benefits. Check their rewards page to find out where you can earn your discount. Drop off points are all in Amsterdam Noord.



APPS

RESQ CLUB



Local eateries post their end of the day leftovers to pick up at a usually discounted price, saving it from being thrown out. Click on the link to see what is offered near you and have another look tomorrow if there is nothing for you today. Available for Android, iOS or web.

TOO GOOD TO GO



Too Good to Go has a similar concept, mostly for supermarkets, bakeries, etc. See what's available close to you and pick up the 'magic box' for a small amount of money, preventing a ton of food going to waste each day. The app even tells you how much water and CO2 you've saved by rescuing the food. Available for iOS and Android.

HAPPY COW



This guide is your Yelp or Google Reviews equivalent for your vegan or vegetarian needs - worldwide. It's perfect for finding amazing venues in your area and when travelling to new locations. Many user submitted reviews help you find your favorite. Available for Android, iOS or web.



CONNECT

DE PEPER @OT301

West, Overtoom 301.



De Peper is a vegan organic culture kitchen that hopes to inspire volunteers and visitors alike to a lifestyle that is healthy, planet and animal friendly, socio-politically aware, pro-active, and creative. De Peper is open for three-course dinners on Tue, Thu, Fri & Sun nights. Call in the afternoon to get your name down on the list for dinner! Pricing is around 10€ for a set menu.

ROBIN FOOD KOLLEKTIEF @ DE NIEUWE ANITA

West, Frederik Hendrikstraat 111A.



A vegetarian, mostly organic, social and activist kitchen run by volunteers. Open for a set three course dinner on Mondays, Tuesdays and Thursdays for 10€. You can also spend your time playing board games.

MILTVUUR KEUKEN ZUID

West, Eerste Schinkelstraat 14-16.



MKZ is run by volunteers and all the profit goes to different social or grass-roots initiatives which the volunteers decide upon. Open for a set three-course vegan dinner on Thursdays and Fridays, call in the afternoon to make a reservation.

TASTE BEFORE YOU WASTE @DOKHUIS GALERIE

Plantage, Plantage Doklaan 8-12.



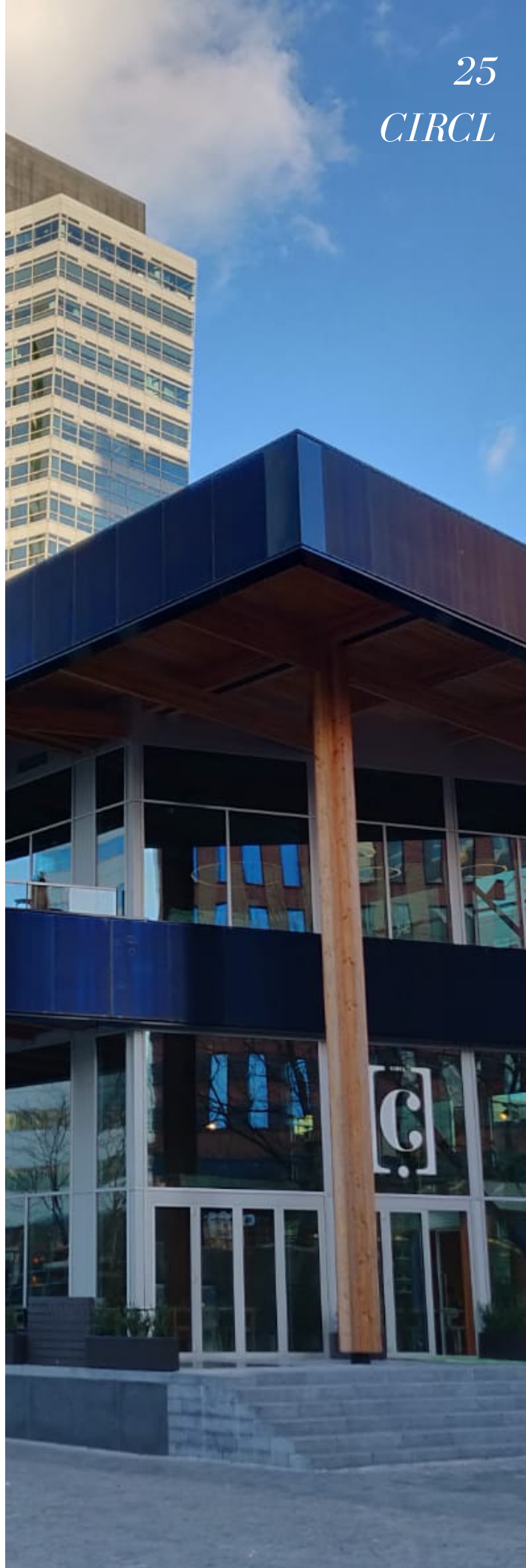
There's a lot going on here. You may like to join the Wasteless Wednesday Dinners where volunteers make vegetarian meals from local ingredients that are still good quality but would have been wasted. Pay as you feel. On Tuesday afternoons you can collect free leftover food and meet like-minded people at the Food Cycle Market.

CIRCL

Zuidas, Gustav Mahlerplein 1B.



The Circl pavillon in Zuidas is the new hotspot in the Zuidas business district and open to everyone who is interested in learning more about the circular economy. Whether you want to work, have a drink or a meal, meet people or attend a lecture - Circl is freely accessible for everyone and a great place to learn about the zero-waste philosophy.



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