

GREEN GUIDE

AMSTERDAM



UVA
GREEN
OFFICE

FOOD EDITION
2021



ABOUT THE GREEN GUIDE

This list aims to present a range of green locations in Amsterdam. Based on what you're after you can find your favorite in food, drinks, coffee, groceries and apps, as well as a special focus on small businesses around Amsterdam to show a bit more love to, during these unprecedented times. With a focus on affordable prices for students, this list offers a general overview of many relevant places and is bound to grow as further suggestions are added. Email us to let us know what you would like to see in the Green Guide.

This is an interactive PDF. Click on the name of a place for more information.

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UNCOMMON AMSTERDAM

An aesthetically pleasing cafe making use of uncommon ingredients.

See more on Page 10



WHAT MAKES A PLACE GREEN?



Organic products available

Focus on organic products.



Vegan options

Focus on vegan options.



Vegetarian options

Focus on vegetarian options.



Fairtrade options

Focus on fairly traded goods.



Local sources

Focus on locally sourced goods.



Sustainability programs

Focus on products or workshops that promote sustainability.



Recycling programs

Focus on products or workshops that promote recycling.



Renewable energy source

Focus on using renewable energy.



BYO takeaway packaging

Focus on encouraging consumers to bring their own packaging



Own/local delivery service

Focus on using personal or local delivery services.

If a venue is missing one of the symbols, it may merely be the case that it is not known whether the attribute is applicable. Symbols are allocated according to our best judgment on information available online and through direct contact. If you feel that your business is misrepresented in this guide, please contact us.

FOOD



CAFÉ DE CEUVEL

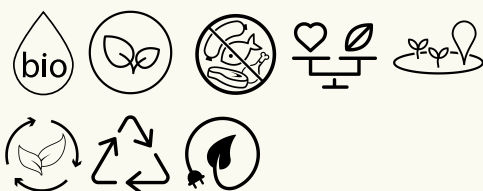
Noord, Korte Papaverweg 4.



As a pioneering example of a circular and sustainable urban initiative, Café de Ceuvel has it all. Not only does the café run on the latest sustainable technologies, but also regularly offer sustainability related workshops, guided tours, readings, and lectures. Being located on a former shipyard, this café serves as a great hangout for the upcoming summer days.

DE BUURMAN

West, Van Hallstraat 65.



A cozy eatery specialised in homemade organic street food and delicious quality Egyptian falafel. You're bound to find something that appeals to your taste buds as they offer many vegan and vegetarian meals, made using only organic and fair trade products. They participate in sustainability and recycling programs, only available for delivery.

SOIL OF AMSTERDAM

West, Bilderdijkstraat 141.



Healthy, sustainable, seasonal, locally sourced and plant-centric food with a lot of flavour! On top of that, SOIL collaborates with farmedtoday.com creating a weekly bowl with (debatably) ugly but fresh and delicious veggies previously rejected by big companies.

BEN COHEN STREETFOOD

Jordaan, Rozengracht 239.



This shawarma bar is perfect for satisfying a craving for rich flavours from Tel Aviv. Their menu consists of modern twists on classic grab-and-go Israeli meals – think redefined pitas filled with mouthwatering meats and vegetarian options. An overall wonderful place to share a meal with friends and an enjoyable atmosphere.

BOX SOCIAAL

Centrum, Plantage Middenlaan 30a.



This Australian all day cafe and restaurant is well known for taking their customers on a world tour of food. As self-professed foodies, they pride themselves on their use of fresh and local products. An awesome place to check out for a great hang out.





TERRAZEN CENTRE

De Wallen, Sint Jacobsstraat 19HS.



Unique vegan Japanese and Caribbean Cafe which combines tastes and ingredients to create own one of a kind dishes. They use products locally sourced and participate in recycling programs. Available to dine-in and pick up.

MEN IMPOSSIBLE

West, Hazenstraat 19H.



This place is perfect for vegan ramen fans! Men Impossible is an all vegan ramen restaurant. They've got a set menu which you can adjust to your own preferences.

HUMMUS & HABIBIS

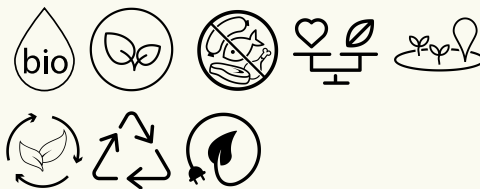
Delivery service only.



Vegan/ Vegetarian Syrian food that will make you regret buying Hummus anywhere else. They are deliver in plastic free packaging both in Amsterdam and Nijmegen.

FRUITTUIN VAN WEST

Eendracht, Tom Schreursweg 48.



Just a short bike ride outside of Amsterdam and it feels like a different place! Fruittuin van West is located in the midst of nature with lots of chickens running around freely. The organic orchard has its own café, serves as a hosting location for meetings and other gatherings, and offers workshops related to gardening, crafting, cooking and more. During summer, you can pick your own fruit and pay per kilogram. The convenience store offers a wide range of organic and fairtrade supplies.

INSTOCK

Oost, Czaar Peterstraat 21.



Instock fights food waste in the most delicious way. They pick up unsold products at local supermarkets and collect food surplus from suppliers. Their chefs make delicious and creative dishes from these products. In this way, unsold products are turned into quality dining.

TASTE BEFORE YOU WASTE

Plantage, Plantage Doklaan 8.



It is an initiative focused on the prevention of food waste. By using the leftover food and using it as an inspiration and fuel for all our activities, ranging from Food Cycle Markets, Community Dinners and Educational Workshops to Event Caterings, Presentations and Donations to Charities, they aim to raise awareness about the enormous amount of food that is thrown away and educate people about what they can do to prevent this from happening.

D&A HUMMUS BISTRO

Several locations across Amsterdam.



D&A hummus bistro serves great hummus or shakshuka with fresh, warm pita and falafel until late. They also serve cocktails, boutique beers, and natural wines. There are three locations: one in Jordaan, one in Oost, and one in Zuid, all of which work with the app TooGoodToGo to prevent food leftovers from going to waste.

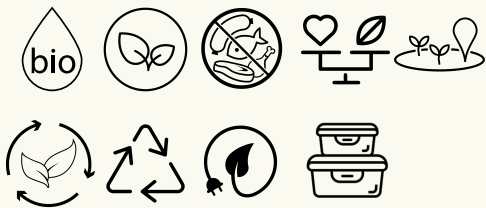




DRINKS

BROUWERIJ TROOST

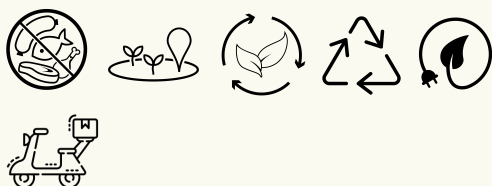
De Pijp, Cornelis Troostplein 21.



Running on green energy, this brewery offers a variety of locally brewed BIO beers and even recycles the steam from their cooling water. They have vegetarian and vegan options on the food menu. There are two more venues in Oost and in Westerpark.

BROUWERIJ 'T IJ

Oost, Funenkade 7.



Organic beers come at a trade-off as hops often have to be imported from New Zealand. Conscious of their impact, this brewery, located next to a historic windmill, has switched to ingredients from closer sources for some of their beers. Their Natte, Zatte, Columbus and Struis are organic.

GRAPE DISTRICT

Several locations across Amsterdam.



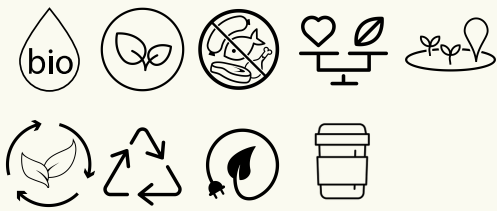
With 14 locations, the Grapedistrict offers a unique way of buying wine. The wines are not classified by region or country, but by taste. They are selected not from huge wine suppliers, but from independent, not too large winegrowers.



COFFEE

BACK TO BLACK

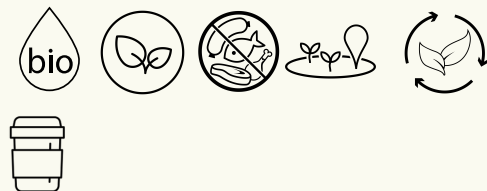
Grachtengordel, Weteringstraat 48.



A cute little café, with its own roastery, selling fairly traded coffee and homemade cakes. If you're lucky you might meet Binkie, a cat that will steal your heart.

BOCCA COFFEE

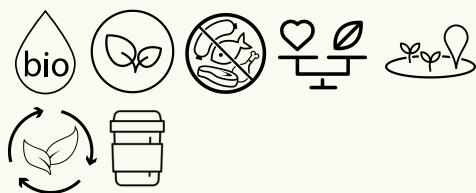
Grachtengordel, Kerkstraat 96H.



This spacious cafe lets you pick your favorite locally roasted bean and doesn't make a secret of where it has been sourced. Interestingly the bar is completely made of recycled wood. Milk alternatives like soy and oat milk as well as Weerribben organic milk are available. Additionally, Bocca Coffee participates in several environmentally and socially sustainable programs that affect the workers in the countries where the coffee is grown.

YUSU COFFEE

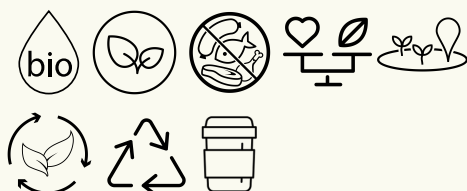
Oost, Andreas Bonnstraat 2.



This new cafe aims to redefine a new coffee culture. Besides grabbing a great cuppa joe, they offer a wide variety of tasty sandwiches and freshly baked goods every day (vegan options, too). Yusu Coffee is a short walk away from the Roeterseiland campus. Be sure to try adding a scoop of matcha ice cream to your coffee when you visit the cafe!

UNCOMMON AMSTERDAM

West, Eerste Constantijn Huygensstraat 63H.



An aesthetically pleasing cafe that aims to use their space as a showcase for remarkable coffee blends from all around the world. Their main goal is to serve an exceptional variety of dishes always with the uncommon ingredient. They offer plenty of vegan and allergy-friendly options.

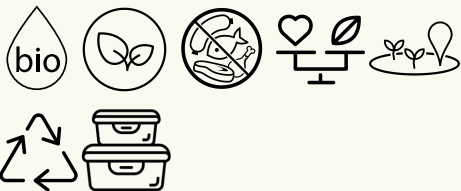




GROCERIES

VKUS VILL

De Pijp, Ferdinand Bolstraat 88.



The store chain started in Moscow to eventually leading to 46 cities. It aims to offer as many fresh and healthy food products as possible. The Amsterdam store offers around 150 local products, including cheese, dried fruits, fish, fruit and vegetables, juices and yoghurt.

HEALTHY & AFFORDABLE

West, Ferdinand Huyckstraat 62.

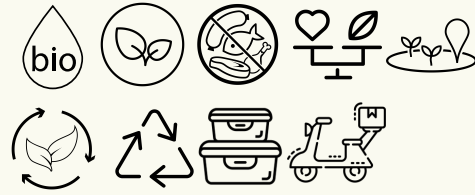


Healthy and Affordable is a social business with the purpose of saving food in the Netherlands, especially in Amsterdam. It created a big network of entrepreneurs and is working with FSEN (Food Surplus Entrepreneurs Network).



LITTLE PLANT PANTRY

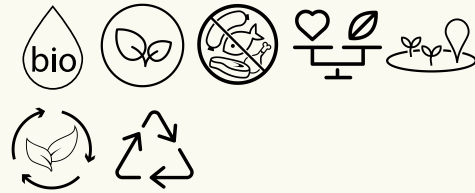
West, Bosboom Toussaintstraat 45-H.



The Little Plant Pantry is a lovely shop in the west offering products without packaging. It is 100% vegan. You can find a wide range of goods, from rice and beans to freshly produced plant-based milk and vegan cheeses. Also, after your groceries shopping you can sit at the cafe and have some delicious vegan treats!

EKODIS

Oost, Beukenplein 73.



An independent family-owned supermarket selling a big range of organic products including vegetables and eggs from local farmers. However, there is only this one store in Oost - lucky you if you live nearby!

FRESHBAG

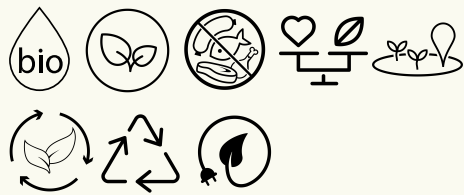
Oost, Nieuwe Achtergracht 170.



Fresh Bag is an initiative founded by students who love good, healthy and organic food. Every Wednesday afternoon the bags containing locally produced and organic vegetables and fruit are sold at Science Park. All of the produce is locally grown, seasonal and organic. They will even send you recipes via email so you know what to cook from all those veggies!

EKOPLAZA

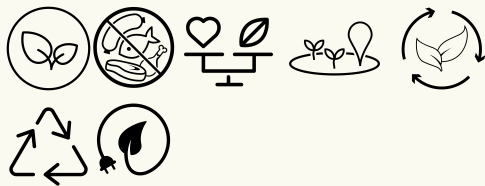
Several locations across Amsterdam.



Ekoplaza is a Dutch chain, that focuses on organic, locally sourced and fairly traded products. Ekoplaza now offers a range of products that look like they're conveniently packaged in plastic, but this 'plastic' is actually made from compostable biomaterials.

BBROOD

Several locations across Amsterdam.



Great artisanal sourdough bread with sustainable wheat and spelt. Bring your own bag and get a small discount on their products!

MARQT

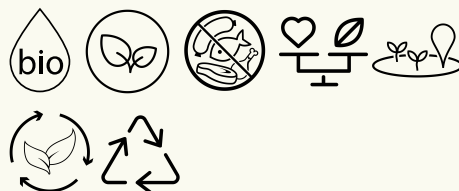
Several locations across Amsterdam.



This quite hip supermarket chain offers a variety of organic, local, and fair trade products. Marqt collaborates with farmers, fishers and everyone that is part of the product chain. No cash though!

DELICIOUS FOOD

Jordaan, Westerstraat 24.



Delicious Food is a family-owned health food store with organic products of all kinds. They have a variety of snacks, cereals, dried fruit, nuts, and pasta in bulk. Bring your own bags or jars to avoid packaging! Vegetables from local farmers and freshly baked goods like bread, cakes and cookies are available, too.



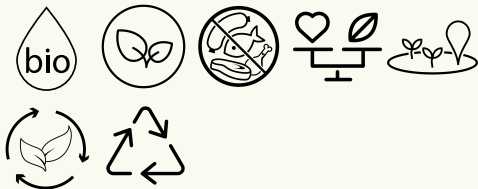


VEGISH EAT LEKKER

De Pijp, Ferdinand Bolstraat 182 H.

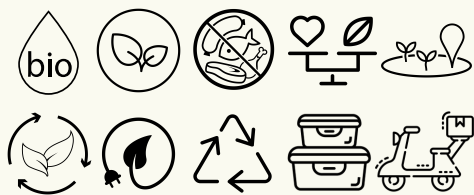


Vegish is a deli shop that offers carefully sourced vegan products to curious foodies craving to try great flavours prepared by caring and eco-friendly small producers.



VEGABOND

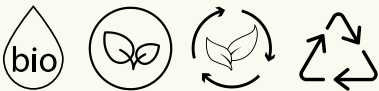
Oud-West, De Clercqstraat 48.



It offers 100% of vegan products including fresh lunch, cakes, juices, and coffee. It specialized in plant-based, gluten-free and sugar-free products and catering.



THINKDIRTY



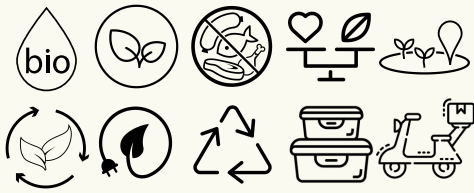
Think Dirty® app enables you to learn ingredients in your beauty, personal care and household products. You need to scan the product barcode and the app will give you easy-to-understand info on the product, its ingredients, and shop cleaner options! Think Dirty also offers clean rated beauty products in a monthly box.

TOO GOOD TO GO



Too Good to Go has a similar concept, mostly for supermarkets, bakeries, etc. See what's available close to you and pick up the 'magic box' for a small amount of money, preventing a ton of food going to waste each day. The app even tells you how much water and CO2 you've saved by rescuing the food. Available for iOS and Android.

OLIO



The app connects neighbour with each other and with local business so leftover food can be shared, not thrown away. It can be food nearing its sell-by date, spare home-grown vegetables, breads from your baker or the groceries you don't want to throw away when you go away. There is also a possibility that OLIO can also be used for non-food household items too.

HAPPYCOW



This guide is your Yelp or Google Reviews equivalent for your vegan or vegetarian needs - worldwide. It's perfect for finding amazing venues in your area and when travelling to new locations. Many user-submitted reviews help you find your favorite. Available for Android, iOS or web.





DISCOUNTS



INSTOCK

10% discount for UvA students

BOCCA COFFEE

Discount when you **bring your own cup**

BEN COHEN STREETFOOD

5% discount for UvA Students

YUSU

10% discount when you bring your own cup

BACK TO BLACK

20ct discount when you bring your own packaging

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If you are a green business looking to be featured in our Green Guide, please message us. We will gladly consider you for the next edition.



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